## Are You A Know-It-Haul?

Headhaul, Backhaul & Deadhead Definitions for Shippers

## HEADHAUL

- A load heading to its destination
- A market with more outbound freight than inbound
- Higher demand for carriers
- Higher rates for shippers
- Higher pay for drivers
- Necessary for shippers to get their freight to its destination

## BACKHAUL

- A return trip on the same route as the headhaul
- A market with more inbound freight than outbound
- Lower demand for carriers
- Lower rates for shippers
- Lower pay for drivers

• Necessary for a carrier to get back to the point of origin

## DEADHEAD

- Miles driven with an empty trailer
- Represents lost revenue for carriers
- Can be dangerous for drivers
- Often occurs when traveling to a destination to start a headhaul trip or on a return trip following a headhaul delivery